

$$x = 5 \pm 2$$

$$(x + 5)^2 + 4 = 0$$

$$(x + 5)^2 - 25 + 21 = 0$$

$$x + 5 = \pm 2$$

$$(x + 5 - 2)(x + 5 + 2) = 0$$

$$x^2 + 10x + 21 = 0$$

$$x = -7 \text{ or } -3$$

$$(x + 5)^2 = \pm 4$$

$$(x + 5)^2 = 4$$

$$x = -5 \pm 2$$

$$(x + 5)^2 - 4 = 0$$

$$(x + 3)(x + 7) = 0$$

$$x + 5 = \pm 4$$